Appl No.: 10/668,726

Atty, Dkt. PC1511

This listing of Changes to the Specification replaces previous listings:

Page 8, lines 17-22, change paragraph as follows:

The mouthpiece 1 can easily slip into the mouth 105 between the lips 118, 128 and sits comfortable in front of the gums 115, 125, leaving the upper and lower frontal teeth 110, 120 exposed to a light 155 such as heated ultraviolet light 155 that can be emitted from a light source 150 such as a sunlamp in a tanning booth, and the like. The mouthpiece 1 can be placed into the mouth 105 when the wearer 100 is entering or laying on a tanning bed 190 or tanning apparatus.